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Sleepovers: Introduction

Created: 24 September 2008

Not enough hours in the day to fit in your next fundraising event? Try organising one that takes place at night! Sponsored sleepovers (or "sleep-outs") are becoming increasingly popular as a fundraising idea - so much so that there's even a section in the Guinness Book of World Records devoted to the biggest. The current record holder is Save the Children, whose [Giant Sleepover](#) in June 2008 involved more than 40,000 children at 1,200 venues both indoors and out, raising hundreds of thousands of pounds in the process.



But sleepovers don't always have to be on a grand scale to work well as a sponsored event - and they don't always have to involve children, camping, or even cocoa and slippers. Ever considered spending the night in a haunted house, challenging your boss to sleep in the office or hosting a themed pyjama party? Midnight feasts are optional...

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

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

AT A GLANCE

- | | |
|---------------------------------|---|
| I'm fundraising for | <ul style="list-style-type: none">• Charity or Community Organisation• Club or Group• Individual• School or PTA• Church• Hospice or Hospital |
| Solo fundraiser or team effort? | <ul style="list-style-type: none">• 10 people or more |
| Total time needed | <ul style="list-style-type: none">• Fewer than 160 hours |
| Lead time | <ul style="list-style-type: none">• 3 to 6 months |
| Easy money or big bucks? | <ul style="list-style-type: none">• £500 to £5,000 |
| I'm fundraising at | <ul style="list-style-type: none">• Work• School• College or University• Home• Church• Park or Sports Ground• Community or Village Hall• Other |
| High octane or gently does it? | <ul style="list-style-type: none">• Moderate effort |
| Fundraising idea category | <ul style="list-style-type: none">• Sponsored and sports events |

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